Family medicine has strong representation in the postgraduate training system with the overall proportion of first year trainees (excluding visas) increasing in recent years from about 40% to 45%, a two decade high. Historically, a ratio of around 40% of family medicine first year positions has corresponded to 50% in the practising physician pool.

Females increased their proportion in first year FM programs to over two thirds (68%) by 2005-06 then declined to just over 60% in 2014-15. The 2014 report of the Canadian Resident Matching Service shows that among Canadian medical graduates (CMGs) who matched to family medicine, 63% were female. A greater proportion of female CMGs (42%) made family medicine their first choice compared to 33% of males.

First year trainees in family medicine (excludes visa trainees) by gender